



FAMILY SHIELD MINISTRIES

We care about families growing in Christ;
and equip them to witness to each other and to the world.



Family Prayer Walk

Family Shield Ministries invites you and your family to take a Prayer Walk together, and promote the prayer walk at your congregation.

- God wants us to talk to Him in prayer.
- Jesus taught His disciples to pray.
- God's Word encourages us to equip our children and families to grow in faith & to pray.
- One way we grow is recognizing that the Lord answers our prayers.



**Gather your family and take a prayer walk.
Spend the time talking, reflecting and praying together.**

- As you walk, thank God for the blessings in your life and ask for His continued guidance.
- Talk about your needs, or a problem or concern you're struggling with.
- Pray for others who are going through challenges or who need to know Christ.
- Pray for a person or family you see as you walk, or ask a neighbor, "How can we pray for you today?"
- Pray for your faith, family, friends, neighbors, church family, community, our nation, the world, or any other issues the Lord brings to your mind.
- Ask for forgiveness from God, your spouse and/or your children.
- Ask God to help you forgive someone who has hurt you.
- Stop and pray together, aloud or silently.
- When the pandemic is under control, ask friends or extended family to walk with you.

Where two or three are gathered in my name, there I am in their midst (Matthew 18:20).

(over)

RESOURCES/SUGGESTIONS

How should we pray?

There are many ways to pray. In Acts 7: 59 Stephen prayed, "Lord Jesus, receive my spirit!" We call this an arrow prayer. Some people pray using the acronym P.R.A.Y. The P stands for Praise. We praise the Lord because He is worthy of our praise and honor. R stands for Remember. We remember we are sinners and what Jesus did for us by suffering and dying on the cross for our sins. A is for Ask. We ask for forgiveness from the Lord and can also ask for what we need. Y is for Yield. We yield to God's will. God always answers our prayers. He answers "yes," "no," and "wait." God wants us to be persistent in prayer.

Bible verses about prayer

Read and discuss a verse together before or after your walk. Begin your walk by praying the Lord's Prayer together. Eph. 2:18, Matthew 7:7, Phil. 4:6, Eph. 6:18, Matt. 9:36-39, James 1:6, Col. 1:10, Acts 7:58, Matt. 6:6-7, Acts 6:4-6, Phil. 4:6, 1 Thessalonians 5:17, James 5:16, and Acts 12:3-13.

Additional Prayer Suggestions

- Sponsor or co-sponsor a prayer seminar or a prayer breakfast.
- Make a prayer cube to use at meals with your children. Directions are on our website: <https://familyshieldministries.com/wp-content/uploads/2015/05/Prayersforcube.pdf>.
- Make a prayer chain for your family to use for family devotions and add requests from the walk to it.

Resources

- *Family Shield* radio programs about the Family Prayer Walk, available at www.familyshieldministries.com
- *5-Minute Bible Studies* for Families by Jay Bickelhaupt
- *Witnessing—A Lifestyle* by Kay L. Meyer
- *iPray: A simple Prayer book for Ministry, Mercy and Multiplication* by Rev. James Buckman
- *Our Way Home—A Journey through the Lord's Prayer* by Daniel E. Paavola
- *Prayer: Learning How to Talk to God* by Jeanette Groth (CPH, ©2019)
- *There's A Prayer for That* (Northwestern Publishing House ©2017)

Family Shield Email Newsletter, Prayer Articles, Q & A Questions, and the Website

Family Shield will share articles and devotions about prayer and the family prayer walk, and answer questions people ask in the email newsletter and on the website. What questions do you have? Sign up to receive the email newsletter on the website homepage, then submit prayers or questions to: witnesstofamily@gmail.com.

Download this flyer at
www.familyshieldministries.com.

When you complete your prayer walk, **[fill out the survey on the website](#)**.



Family Shield Ministries
PO Box 230015 • St. Louis, Missouri 63123
witnesstofamily@gmail.com
www.familyshieldministries.com

